

Biosports NW Covid-19 Clinic Procedure

- 1) Your therapist will see you one-on-one at the clinic. You will have minimal overlap with other therapists and patients. We do not have any office staff.
- 2) We schedule patients to ensure the safe social distance. In order to keep the contact minimum, if you arrive early to the clinic, please wait in your car or outside until the scheduled appointment time before entering the clinic.
- 3) The therapist will disinfect the areas that other people have touched prior to you coming in. We use the disinfecting spray that is effective for Covid-19.
- 4) We will ask you to stay home if you have any covid-like symptoms. The late cancellation fee is waived due to sickness. If the therapist has any Covid like symptoms, she will call you immediately and will cancel the appointment.
- 5) Your therapist will wear a mask and we require you to wear your mask at the clinic at all times. We have disposable masks at the clinic for your use if you do not have one.
- 6) We will ask you to wash your hands or use hand sanitizer prior to the treatment. Your therapist will wash or sanitize hands prior, and post treatment as well.
- 7) Please know that some of the treatment procedures require the therapist to touch you. We will try to keep the contact minimum while achieving the desired treatment results. If you are not comfortable with the contact, we can modify our treatment process, and the goals of the visit. Please express any concerns when scheduling over the phone or discuss with your therapist any time.
- 8) Biosports NW has two separate entrances. The one from 15th Ave NW will be temporarily closed. Please use the entrance at the back of the building via the exterior staircase from the parking lot. This entrance is only used by Biosports NW patients and therapists. The back entrance is accessible from the alley parallel to 15th Ave NW. We have two designated parking spaces labeled "Biosports NW parking only".
- 9) If you are able to print and fill out our new patient form from our website: www.biosportsnw.com and make a copy of your insurance card (front and back) at home, it will reduce the interactions at the office.
- 10) Biosports NW also offers telehealth sessions. In some cases, we can combine the actual visits and telehealth sessions if appropriate. Please ask your therapist as you plan your follow-up sessions.